**Barrow-in-Furness**

Phone: 01228 474014

Email: workwell@cumbriahealth.nhs.uk

Website: [www.bayanchornetwork.co.uk/projects/workwell](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftracking.vuelio.co.uk%2Ftracking%2Fclick%3Fd%3DX4WZewLRv6tObEsraQ2K3q3exo938mAFkdhwL7caK3bvNdWiCW0mJPwd-UUydtBX6FZxJJkypkWgtHHZA4GnTROZUHkSVq9oKPmXOxfQFGEZEEkZpDtZRQH86hvKdCYwIZPWq4j1BecJvB4rxjaJu90Z0iAWcNEyzVgMqxkIjZrt0&data=05%7C02%7Cian.treasure%40nhs.net%7C78900fdf6f3f41b05ce108dd5ca0b338%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638768567469939497%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=jHJ1e61m2ORnW7zDH7kIqVTSD3I3Vi5t7OPmAnee69Y%3D&reserved=0)

**Blackburn**

Phone: 01254 682037

Email: wellbeing@blackburn.gov.uk

Website: [refreshbwd.com/workwell/](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftracking.vuelio.co.uk%2Ftracking%2Fclick%3Fd%3DeveNPOrNpJfCLFGGNXMgNgi6NeLGawf__Z02HWSxdy7cU6uJLzVVH6zTk4t7dsyMsyoor97xVwPiCkYp7uDcF3vgxz8Ih4_E3wRIIsgwLUdUKvbBooFlYcnZemgb2F9yuL_Wi73418BxHDhtO90g3Y01&data=05%7C02%7Cian.treasure%40nhs.net%7C78900fdf6f3f41b05ce108dd5ca0b338%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638768567469962621%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=5e%2FPWwy5aJHPZsTbUf6bERk3vxIpMl1WmY8nV94dlD8%3D&reserved=0)

**Blackpool**

Phone: 01253 477336

Email: workwell@blackpool.gov.uk

Website: [www.blackpool.gov.uk/workwell](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftracking.vuelio.co.uk%2Ftracking%2Fclick%3Fd%3DzEB4sviztooUWeHG6q_jHwU2ErI6hP9yplxZdz9WiF5atXGm1HaSarbWZgTUGTARGOFs1tqSu5G5qShP2uqLF2j_a67f4wWq_FKdS3YQ-RUJAizoY1qOX3wJjvcIyNk7dEQ23n39Qb1MW9Mq3E0ZQ-w1&data=05%7C02%7Cian.treasure%40nhs.net%7C78900fdf6f3f41b05ce108dd5ca0b338%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638768567469981989%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=VAdyWe0AYC3FKQvR5E33q5gGHCTzSPtSUHFkFuEAyh8%3D&reserved=0)

**Burnley**

Phone: 01282 686510

Email: workwell@burnleytogether.org.uk

Website: [calicoenterprise.org.uk/work-well](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftracking.vuelio.co.uk%2Ftracking%2Fclick%3Fd%3D4XN1B4vg0sNTBXDWOqCMDIa2_i21yyzU45ykwl6QrD2CS7y8NTLyftwgf9kAFhJHjLxDwve9trBwpHC4nS3ohh5Gdcg7L58IZZmFC3e8sxoCavAdTxeTkIJ3z-dOm6k07DgTGNEFa7jg6hiMKPOAClw4FPis6Sq0qkCFkIjTGauA0&data=05%7C02%7Cian.treasure%40nhs.net%7C78900fdf6f3f41b05ce108dd5ca0b338%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638768567469997749%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=2oOt%2BdcLwbgdPMmeL0HsazkEgBcwTicoaCukBzauzTQ%3D&reserved=0)

**Lancaster**

Phone: 01524 582000

Email: workwell@lancaster.gov.uk

Website: [www.lancaster.gov.uk/workwell](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftracking.vuelio.co.uk%2Ftracking%2Fclick%3Fd%3DzEB4sviztooUWeHG6q_jH37cYS3eADyht2kiIekh1U-aOSp67_2MxLxCRfe14T97cOBtw6q7k1sbdenKm2s1vhS7Mr5hGC9Ka_mw4Gh_LhvteVAgXhqxDmWfZglhFKVpJ7vbMF0FYT0VOJZXKPH20C41&data=05%7C02%7Cian.treasure%40nhs.net%7C78900fdf6f3f41b05ce108dd5ca0b338%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638768567470017617%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=O8akp8wjMJcX%2BzETXr9LtOFNEHkLYBEePPQ%2BfxKjcIQ%3D&reserved=0)

**Preston**

Phone: 07465759911

Email: contact@activelancashire.org.uk

Website: [www.activelancashire.org.uk](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftracking.vuelio.co.uk%2Ftracking%2Fclick%3Fd%3D1nZrbC50-JyFaZYXdYA9kXB8e9ys7C1A7np1_zirrGUOisjoRd469awMpiLcO1lbacIfD6dQrjY84zWH-23qnwr8kW8jBHhecHm4O8EUhYk1nnzD---ae41Upd-cSqwUvKkdkoB05JDOTL1jpMtMxcg1&data=05%7C02%7Cian.treasure%40nhs.net%7C78900fdf6f3f41b05ce108dd5ca0b338%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638768567470032567%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=cIYJYw7vb3ggh5jRPSF2trTaS1RcRPSjZt8IeGPAJN8%3D&reserved=0)

**West Lancashire**

Phone: 01695 583441

Email: workwell@westlancs.gov.uk

Website: [WorkWell - West Lancashire Borough Council](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ftracking.vuelio.co.uk%2Ftracking%2Fclick%3Fd%3DzNS5EUl_21D4bpltxB3f7kxsFkBrXrVop5EWhMizd897bhTlVu9f3KiexMx-mVNjEYfY2NKtqP_PjFmweELeTZ3xqtww3LXqqhWngR3XEo6Y1tVOh31CdJOHmnUVElhLf7RkpgMIUVTQYJFEeD4PV56vrYSIAr7FqLPdy7BbNCFwfh0h7KoctbpEPFE9-3NEQnRo4pjVegGj3o6nvsTz7OGSqCZn4PewUF7EJzeHznH_0&data=05%7C02%7Cian.treasure%40nhs.net%7C78900fdf6f3f41b05ce108dd5ca0b338%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638768567470047021%7CUnknown%7CTWFpbGZsb3d8eyJFbXB0eU1hcGkiOnRydWUsIlYiOiIwLjAuMDAwMCIsIlAiOiJXaW4zMiIsIkFOIjoiTWFpbCIsIldUIjoyfQ%3D%3D%7C0%7C%7C%7C&sdata=dBEn8A0p4s53UY2dwiHXwpPalgyvCh0zY4a%2BsUXQp7M%3D&reserved=0)

To access help please ask the person to contact us. If you are referring someone else please get their agreement first as this is a voluntary service.

WorkWell is a partnership between the NHS and Local Authorities to help people who are starting to experience ill health, so we can get them back on track before things worsen.

