

SEEABILITY

Live. Love. Thrive. Belong.

Easy Eye Care

You need to have your eyes checked once a year

- You don't have to be able to read or speak to have an eye test.
- Adults with a learning disability are 10x more likely to have a problem with their eyes and children are 28x more likely.
- The eye test is not just about glasses – it detects eye conditions and general health conditions as well.

This is a specialist eye care service for people with learning disabilities and autistic people of all ages, who are registered with their GP. You'll get:

- Longer eye tests or multiple appointments, where needed.
- An easy to understand report about your eyes.
- Local opticians who have had extra training.

The assessment is NHS-funded and there is help towards the cost of glasses if you're eligible.

Please turn over for the contact details of your local practices.

Please tell the optician's practice that you want to book an Easy Eye Care appointment.

Fill in SeeAbility's "About Me and My Eyes" form before your appointment to give to the optician www.seeability.org/myeyes



The following practices offer the Easy Eye Care service in your area.

Lancashire and South Cumbria

Vision Serve - Blackburn

Morrisons,
Railway Road,
Ewood, Blackburn
BB1 5AZ
01254 447 520

Lakeland Optical (Main Street)

Main Street,
Grange-over-Sands,
Cumbria
LA11 6DP
01539 532951

Clare & Howard Ltd

20-21 High St,
Garstang,
Preston PR3 1FA
01995 602014

Tyrrells & Embery

6 Darwen Street,
Blackburn BB2 2BL
01254 53554

Alan Bowen Optometrist

7 Dingle Road,
Upholland,
Skelmersdale
WN8 0EN
01695 625437

Bagot Opticians Kendal

10 Library Road,
Kendal LA9 4QB
01539 721619

Bagot Opticians Grange-over-Sands

7 Lowther Gardens,
Grange-over-Sands
LA11 7EX
01539 533909

Bagot Opticians Windermere

15 Victoria Street,
Windermere LA23 1AB
01539 446381

For easy read information about having an eye test, visit
www.seeability.org/EReyetest

For more information, please contact Steve Kill on
07738 040307 or s.kill@seeability.org

